

# **Dr. Sunil Maheshwari**

(Ph.D)

Dr. Sunil Maheshwari Ph.D. is the Dean of Samatvam Academy, Gurugram. He is the Certified Yoga Educator from The Yoga Institute, Santa Cruz, Mumbai, Dr. Sunil has comprehensively taught and researched the role of Yogic science in delivering health and harmony for human beings in society. He is the author of the book "Engage!: Co-creating Organisational Vitality and Individual Fulfilment.